

## Next Level

### Week 4 – Transforming Regret

#### Game Time | Keep Your Eyes On The Target

Adapted from [homefrontmag.com](http://homefrontmag.com)

God has entrusted us with taking care of our bodies, and one easy way to do that is to eat healthy snacks! Your children will have fun helping you choose toppings for these apple cookies and creating their own energizing treats.

#### WHAT YOU'LL NEED

- white poster board or poster-size paper
- markers
- colorful paper, 1 color for each family member
- scissors
- tape
- masking tape
- blindfold

#### BEFORE YOU BEGIN ...

On the poster board, use your markers to draw a large target symbol with two to three rings. Feel free to make this target as fun and colorful as you'd like! Cut one 3" to 4" circle out of each color of paper. Assign a color to each family member, and then place a piece of rolled tape on the back of each circle so that it's able to stick to the target. Use the masking tape to hang the target on the wall at a level your children can reach and set the circles aside.

#### TIME TO PLAY!

Invite your family to join you around the target. Explain to everyone that this game is just like pin the tail on the donkey, except they will be trying to place circles on a target. One at a time, each player will take a turn picking up a circle and putting on the blindfold. Place the blindfolded person 5' to 6' away from the poster and spin him around four or five times. After you have spun him, point him in the direction of the target and encourage him to walk toward the poster and place the circle on the bull's-eye of the target. Leave the circles on the target until everyone has had a turn. The circle closest to the bull's-eye indicates the winner.

#### DISCUSSION:

Remind your kids that God has a plan for each and every one of us. It can sometimes be easy to fall off the path without even knowing it. The everyday choices and decisions they make can lead them forward on the path or take them one step sideways. Even small steps in the wrong direction accumulate and can turn into a very far miss off the bull's-eye. Encourage your children to take off their "blindfolds" and look to God, who will guide our every move. He will lead us in both the big steps and the small steps to be right on target.

God will forgive us every time we go “off-target”. All we need to do is ask! It is good for our kids to know that we are not perfect and even as adults we still have to apologize and ask forgiveness. Share with your kids about a time that you knew you needed forgiveness from God and what that experience was like. This can lead them into a conversation about themselves going “off-target” and give you the chance to pray with them for forgiveness.